

When Desire Turns Dangerous

10 Ways to a Better Life series

by Chris Famisaran

Exodus 20:14, Deuteronomy 5:18, Matthew 5:27-30

Confronts us with the idea that marriage is not just a contract, but a sacred covenant.

Exodus 20:14 reveals that God desires we have a faithful and committed relationship with our spouse.

“Faithfulness is built long before temptation arrives.”

Adultery is not just an external act that we can commit, but begins with the desires that flow from our hearts.

If we hold to Exodus 20:14, we can experience trust, security, unimaginable love, and deep intimacy.

Reflection: Do my choices strengthen and build trust—or slowly dissolve it?

Challenge: Write down one thing that has become a stumbling block in your life, and the steps you will take to address it. Follow through on those steps